



VISSION: We envisage a just and self-reliant society based on the values of

Peace, love justice, Equality and communion.

MISSION: We commit ourselves to organize, empower, promote and to preserve

The Dignity and rights of the marginalized Communities

To take Active part in their

Development and the development

Of the society

OBJECTIVES:

- To empower the women to become the agents of change in the society.
- To promote leadership among the priority group
- To strengthen the community based organisation to demand their entitlement from the government
- To facilitate the holistic health care for all especially for differently abled children
- To form Self Help Groups so that they became self-supportive and self-sufficient.
- To develop social responsibility among target group
- To empower the marginalised people socially, economically, culturally and spiritually.
- T create awareness among target groups about preservation and protection of environment
- To teach farmers about new way of cultivation and the benefits of organic and vermin compost
- To strengthen the SHGs and link them with Banks for credit facilities
- To develop responsibility among target group.

Introduction

Navjeevan Social centre Harnaut started in 1998. It is working for the welfare and holistic development of women, children, and adolescent youth as well as for the empowerment of the marginalized. Here we work with the rural poor. We strive to main stream them in the society. Special focus is given for the all-round development of women and children, Physical, social, Political, psychological, cultural, spiritual etc.

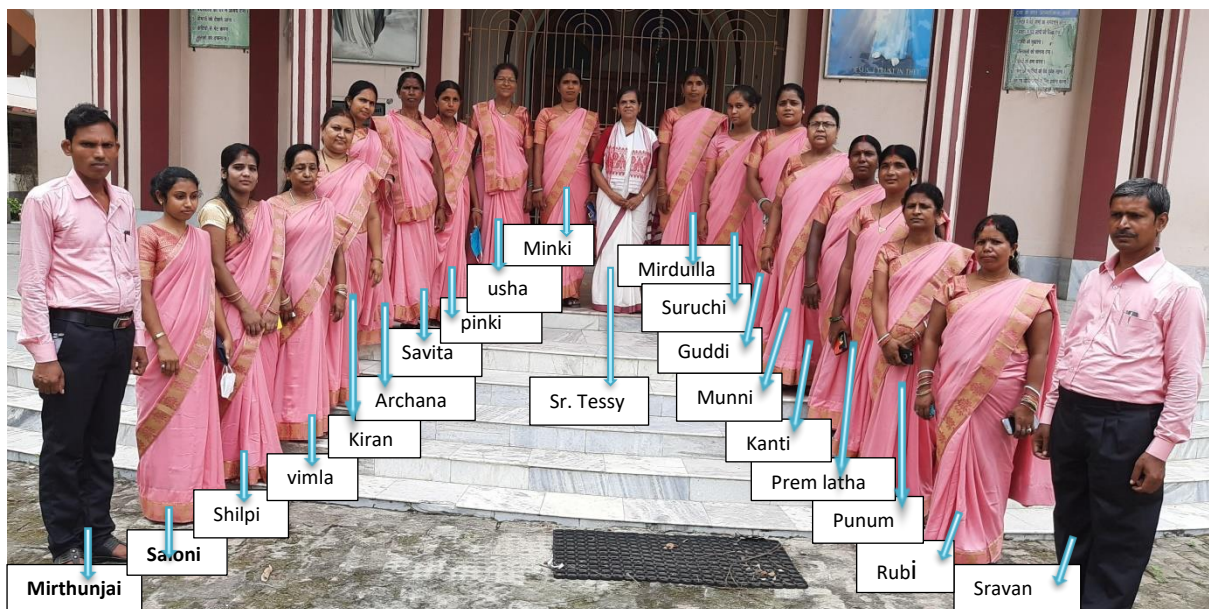
The Goals and objectives are achieved through different programmes like empowerment of women through Self-help groups, Rehabilitation of Physically challenged children, Skill development programme for SHG women and young girls, Supplementary education for the poor and marginalised girls, Literacy programme for dropout girls, Balwadi for poor children below six yrs. and Holistic Health programmes.

These programs are carried out by twenty Personals.

Sr. Tessy Parappuram: Social centre incharge

Mrs. Mirdulla and Mrs. Guddi: Supevisrs

Mrs. Munni Devi, Vimla Devi, Archana, Premlatha, Minki, Usha, Pinki, Savita, Rubi, Kanthi, Saloni, shilp, kiran, punam , Mr. Sravan Kumar, Mr.Mirthunjai Kumar are teachers and animates.



Covid 19 pandemic.

The people who are badly affected by covid 19 are the poor and marginalised people with whom we are working.

All our village activities were stopped for three months (from April to June 2021). From the end of June onwards we have restarted our village activities keeping strict rules of Covid 19 Pandemic. We provided sanitizer and hand wash to each staff. SHG meetings were conducted by using mask, social distancing and hand wash. Also we gave awareness classes to women and children.

One of our main objectives of the formation of self Help group is to address to their social and economic problems. Women were very much oppressed and marginalised. They were

powerless in this male dominated society. Now these SHGs have grown as powerful medium for the empowerment of the women especially of marginalised ones.

Currently we have 205 SHGs. Different trainings are given to each group

- **Awareness classes on the need of corona vaccination and also the need to keep protocol of covid 19 Pandemic**
- They are given Awareness session about the **Injustice done to women**: through dowry system, child marriage, not educating girl children etc.
- Training on different **Income generation** programs
- Training on different **health problems and their prevention**,
- **Training on immunisation programs**,
- **Leadership training**,
- Trainings on **different available Government programmes**
- Every year we give training to new group on **Mushroom cultivation** by Agriculture science centre also they provide mushroom seeds to new and old groups. Almost all the groups cultivates mushroom and they earn good income.
- Trainings were given on the proper use of Manure by agriculture centre team trough TV program

We have regular monthly meetings of SHGs in their villages. Meetings are conducted by animators. They go to each group every month and the supervisor and sister in charge also visits the group to supervise and support the animators and the SHG women. The meeting start with a prayer. Afterwards the treasurer collects the savings and the secretary writes the report with the help of the animators. After collecting the savings the returning of the loan takes place. After calculating the savings and the returning of the previous loans new loans are given to those who need. Then the animator discusses with them different subjects like

- health,
- education of the children,
- child marriage,
- Exploitation of women etc. Also they discuss any other issues which arise in the group. This year main discussions were about covid 19. What is corona virus, its signs and symptoms, how to protect ourselves and others from contacting the sickness, the need to use mask, sanitizer, and about washing of hands and social distancing etc. was explained in each meetings. We have made mask in our tailoring centre and given to them in the group. Also we have provided hand wash and sanitizer to the Animators and supervisors. We taught the animators and supervisor how to make hand wash at home with spending less money. They taught that to the women in the group.

Achievements of SHG's

- Freedom from money lenders. All the groups are self-sufficient.
- Growing Leadership among women
- Unity became strong in the groups.
- Inter loaning from other groups also takes place.
- Different income generation programs e.g.: Cattle rearing, vegetable selling, tailoring, poultry farm, Mushroom cultivation, Home decoration article making, selling clothes, fruit stall, Handicraft, candle making, surf making etc
- More usage of indigenous medicines. Trainings were given on Herbal medicine to SHG members and most of the common sickness is treated by herbal medicines.
- Atrocities against women by men have reduced a lot. Women are empowered
- Liquor Ban: women are actively involved in stopping the drinking of liquor.
- Education of girls: Now the women are very much aware of the importance to girl's education also. Few years back only boys were sent to school. Now all most all the girls are sent to school
- Available govt. Schemes: Now our women are very much aware of Govt. Schemes and they are able to approach the govt. to get their rights.
- Building up self-confidence and positive self-image
- No equality existed for women in the society, but now the situation is slowly changing.
- Vocational training for the SHG members –Tailoring helps them to earn money for the family
- Working in collaboration with NGOs and govt.

Our women are being empowered in political, social, economic, educational, and religious and health field

Economic Changes

- Living standard has improved because of SHGs and IGPs.
- More leadership quality has come in women and they are more united and help each other.
- With the groups money few of them bought land and made house

Some income generation programs done by our women are given below.

1	No of women having Small stationary shops	541
2	No of women having cloth shops	44
3	No of women doing fish culture(fish farming)	6
4	No of women having Rice grinding machine	16
5	No of women having Mud pot selling shops	36
6	No of women having furniture shops	16
7	No of women having vegetable shops	46
8	No of women taking land in loan and cultivating	192
9	No of women doing tailoring	49
10	No of women working as teachers	28
11	No of women having poultry farm	9
12	No of women having shoes and chapel shops	8
13	No of women having fruit shop	12
14	No of women having bangle shops	14
15	No of women cultivating mushroom	45
16	No of women selling fish	8
17	No of women doing Goat rearing	74
18	No of women selling maze on the road side	10
19	No of women selling sugar cane	16
20	No of women making and selling flower garlands	100

Educational Changes:

- Almost all the women learned to write their names because of our constant efforts.
- SHG members take initiative to send the children, not only their own children but others children also to get registered in the schools. And they make sure that all the children in the village go to school.
- Literacy level increased
- More equality among girls and boys by parents.
- List of the children who have been sent to school by SHGs this year on (addition to last year's) is given below.

1	Registered name in the pre nursery	66
2	Registered name in primary school	23
3	Registered name in private school	52
4	Registered name in High School	28
5	SHG women learned to write	98%

Health:

- The poor people are encouraged to take government schemes and benefits.
- Many tuberculosis patients were identified from the villages and sent them to nearby government hospitals for the treatment.
- The entire pregnant woman is encouraged to have hospital delivery to protect mother and child. Now no home deliveries are taking place.
- We give training to Asha workers on Antenatal and postnatal care. (Asha Workers are the women appointed by the govt. to take care of the pregnant women during antenatal and postnatal period)
- Trainings were given to all the SHG members on Herbal (Indigenous Medicines) and they are practicing it at home.

12	No of TB patients got free treatment from govt. hospital	82
3	No. of Hospital deliveries	817
4	No. of immunization for pregnant women	817
5	Immunization of children BCG, Polio, DPT	817
6	No. of children got Vitamin A	817
7	Family planing	500
8	No. of children suffering from cough, cold and fever treated	300
9	No. of groups making herbal	100
10	No. of birth certificate made	650
11	Awareness classes given about Covid19 Pandemic to	All SHG members
12	Classes given on the proper usage and disposal of Masks	All SHG members
13	No. of X rays done	260
14	Free Ultra sound done	120

All are aware of government health schemes and try to get it. Govt. hospital of Harnaut is running quite well now.

Benefits of Agriculture women's group

We have 12 agriculture women's groups from 12 different villages. (25 members in each group.)

They are given training on all about

- cultivation,
- organic farming,
- vermin compost etc.

1	No. of women who benefited from Prime Minister's Farmer's Tribute Fund (each member gets Rs. 6000)	75
2	No. women who registered in Farmer's club	42
3	No. of women who got old age pension	4
4	No. of Differently abled who got certificate	2
5	No of agriculture women's groups who got seeds (wheat, Paddy and serials) from agriculture centre for cultivation (25 women in each group)	12groups
6	No. of women who got fruit trees , digging materials etc.	40 women

Others benefits

- Blankets were given to Poor, old, widows and handicapped by Navjeevan social centre.
- Masks and dry ration, soap, surf, hand wash and sanitizer etc. were given to women, old people and handicapped who are really poor as help of Covid 19

Celebrations

International women's day was celebrated in Navjeevan Social Centre on **8th March 2021** with verity of cultural programs by Literacy children, Supplementary students, Differently abled children, tailoring students and SHG members. About 1500 people (women and children) were gathered for the program. SHG women took active part in it. The celebration went very well. Because of Covid 19 women were little less than other years. But a good number of them came and participated very actively in the celebration



We started the celebration lighting of the Lamp by sr. Tessy , one SHG member, one staff, and two children followed by a prayer song by all the staff. The women bought the cake as on that day was sr. Tessy's Birthday also. It was double celebration international women's day and sr. Tessy's birthday. Afterwards sr. Tessy welcomed all the participants. The Chief Gust Mrs. Jyoti Singha from KVK was not able to reach in time because of some inconvenience.



This woman is blind by birth. She is an active member of SHG. She is an excellent sinner. She takes part in all the programs. She is married and has one daughter who is married and settled. Her husband is no more. She is survived by her brother. Though she is blind she remembers the account of her group by heart. She has good memory. If anybody forgets about the loan taken she will tell immediately how much money is given to each one.

One day seminar for SHG members, nursery teachers and TBAs on integrated child development service

On 20th March 2021 Agriculture centre Harnaut have organised one day seminar on integrated child development services for SHG members, Nursery teachers and traditional birth attendant (TBA). We have taken all our SHG members for the training. Nursery teachers also were present. Exhibition of different nutritious fruits and vegetables was done by children and different organisations. Dr. Mrs. Jyoti Singha in charge of the program and some other scientists gave talks on importance of providing nutritious food to the children. Also she has explained the nutritious values of locally available foods. The seminar was good.



Nursery children with different vegetables and fruits. Teacher premlatha is the one who prepared them



Block Level Convergence Meeting, with Government, KVK and Other Stakeholder in Kharif Season

Venue: Catholic Church, Harnaut
Date: 12-01-2021

Block Level convergence meeting was arranged in Navjeevan Social center (Catholic Church) in Harnaut for the women farmers of Harnaut by **Seva Kendra Patna**. Mr. Nageswar introduced the resource persons to the participants and meeting started at 9AM with Lighting of the Lamp. Resource persons were from Krishi Vikas Kendre (agriculture center) Harnaut. How to Cultivate Paddy, wheat and serials according to the season was well explained by the resource persons. The meeting ended at 2 pm with snacks.

Lighting of the lamp



Covid 19 Response BLANKET DISTRIBUTION

We have distributed 100 blankets to old, widow and differently abled as covid 19 responses. Sr. Veena got it from an NGO and she shared with the poor people of Harnaut. It was a great help for these people.



Exposure visit of other NGOs to our Tailoring centre



Voluntary Health Association of Patna has brought 56 women from different villages to our tailoring centre as an exposure for their women to learn from our students. Our students gave them a grant welcome. They had very good interaction with our students. Our students shared their experience and also they have told us about their work. It was very enriching experience. We have learned from each other.



Welcome Dance by our students



Message by sr. Tessa



Voluntary Health Association Patna Team with the staffs and Tailoring Students of Navjeevan Social Center Hatnaut

**Nutrition sensitive Agricultural resources innovation program on 15.09.2021 in Navjeevan social center
social Harnaut : Resource persons: Dr. Bijendar Kumar and Dr. Jyoti Singha from KVK**



We had one day Seminar on Nutrition sensitive agricultural resource innovation program on 15th September at Navjeevan Social Center. Participants: SHG women, tailoring students and all the staffs. Chief Guest and resource persons : Dr. Bijendar kumar and Dr. Jyoti Singha and Fr. Christu Raj.



Program Started by lighting of the Lamp by Dr. Bijendar Kumar, Dr. Jyoti Singha, Fr. Christu Raj, sr. Tessa and Pinki Devi. Followed by prayer song. Sr. Tessa gave the introduction to the seminar and introduced the guests to the participants. Dr. Bijendar kumar and Dr. Jyoti Singha has explained very well and clearly about the aim and applications of the program. Seminar ended by thanks giving prayer by Guddi Kumari



One day training on interstate nutrient cereals, Nutrition vathika Mahaabyan and plantation in the year 2023



Lighting of the Lamp

On 17th September we had on day seminar for agriculture women and men on “interstate nutrient cereals, nutrition vathiks mahaabyan and plantation” in agriculture center Harnaut. The program started by Lighting of the Lamp . Dr. Bijentu Kumar Director agriculture center gave introduction and Dr. Jyoti Singha explained in details about the program. They spoke well about the need to cultivate the food which has nutritional values. Also they have advised the people to pay special attention to children’s food. At the end of the seminar trees were distributed to people. SHG members and staff attended this seminar. It was very good.



Cultivation of Mushroom

Cultivation of Mushroom is one of the main incomes of SHG members. Training is given every year to new groups. Almost all the groups cultivate Mushroom and they get good marketing also. In most of the groups it is mainly done from November to February. Some women does it throughout the year since they have more facilities.



Mushroom cultivated by Self Help Group in Kharuwara village

COVID 19 PANDEMIC AWARENESS CLASS IN HAZANCHECK VILLAGE



AWARNESS CLEASS ON VACCINATION AGAINST COVID 19 PANDEMIC: Since covid 19 pandemic is again coming back strongly we continue to give awareness classes to women and children in the villages. We explain to them also the need to take vaccination. Many of the women are still afraid of vaccination. Still with our constant efforts there is a lot of improvement.

Distribution of dry food to women farmers of Harnaut by Seva Kendra Patna in Navjeevan Social center Harnaut (Rice, Dhal, oil, soap, Surf etc.)



CONCLUSION

The above mentioned are the programs and activities of Self Help Group from January to December 2021. Main achievements are the economic, social, political, Physical, educational, Psychological and Health growth of the women. Before starting the SHG they were fully dependent on money lenders and there was no improvement in their life because all they earn was going to the money lenders since the money lenders used to charge high interest. Now they are completely free from Money Lenders. Now they are able to fight for their rights even with government. Women are empowered in all the levels. Now all the children are going to school especially girls. They became aware of the need to educate girls. All the children are immunized. Now almost of the women have taken Covid 19 vaccination. Child Marriage is reduced. Most of the common sickness is treated with medicinal plants. Women are actively involved in stopping the liquor. Now our women are much more aware of available govt. Schemes and they are able to approach the govt. to get their right. Now the number of our self Help Group is increasing because the women are very much aware of the benefits of the SHG. The women from different villages are coming to us with the request to help to form the groups. Our groups have increased to 205 in 2021. Our animators are also very active and faithful in their work. Each group has regular meetings every month. During the meeting they discuss about education, health and any other issues of the village. Sr. Tessa and the supervisor visit the groups regularly and give them encouragement and support. When they have more interest in the group they divide the interest among themselves.

ACKNOWLEDGEMENT

WE, THE SISTER INCHARGE, SUPERVISORS AND THE ANIMATORS OF NAVJEEVAN SOCIAL CENTRE ARE VERY GREATFUL TO Mrs. AGNES, Mr. REINHARD AND THE TEAM FOR HELPING US TO CONTINUE OUR WORK. WITHOUT YOUR HELP WE WOULD NOT HAVE BEEN ABLE TO DO ANYTHING FOR THIS POOR PEOPLE. NOW COVID 19 IS SPREADING FAST, SCHOOLS ARE CLOSED BUT WE ARE STILL CONTINUING OUR WORK KEEPING ALL THE PROTOCOL OF THE PANDEMIC. ONCE AGAIN THANK EACH AND EVERY ONE IN A VERY SPECIAL WAY.

WE WISH YOU ALL A VERY HAPPY AND PROSPEROUS NEW YEAR

SR. TESSY PARAPPURAM

NAVJEEVAN SOCIAL CENTER. HARNAUT. BIHAR. INDIA